

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Passage 2000</b>	
If your organisation is part of a larger organisation, what is its name? <b>N/A</b>	
In which London Borough is your organisation based? <b>Westminster</b>	
Contact person: <b>Mr. Andrew Hollingsworth</b>	Position: <b>Business Director</b>
Website: <b>http://www.passage.org.uk</b>	
Legal status of organisation: <b>Charitable company</b>	Charity, Charitable Incorporated Company or company number: <b>1079764</b>
When was your organisation established? <b>10/08/1990</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Improving Londoners' Mental Health</b>
Which of the programme outcome(s) does your application aim to achieve? <b>More homeless and transient people having access to mental health services and reporting improved well-being</b> <b>More offenders and ex-offenders receiving help and support to improve their mental health</b>
Please describe the purpose of your funding request in one sentence. <b>The project aims to help homeless people who have a mental health problem that prevents them from moving to a more stable way of life.</b>
When will the funding be required? <b>03/09/2018</b>
How much funding are you requesting? Year 1: <b>£40,000</b> Year 2: <b>£40,000</b> Year 3: <b>£40,000</b>  <b>Total: £120,000</b>

**Alms of your organisation:**

The Passage's mission is to provide resources which encourage Inspire and challenge homeless people to transform their lives. It does this by

- ? making contact on the street, through our Outreach Team, with people sleeping rough in from mid-evening to the following morning.
- ? operates at the Resource Centre, the UK's largest centre for homeless people, used by up to 200 people each day.
- ? offers accommodation at Passage House, our 40 bed assessment centre, and at Montfort House, 16 studio flats with support workers on site used for 16 of Westminster longest term rough sleepers.
- ? working to prevent homelessness

**Main activities of your organisation:**

We make contact with people sleeping rough in the evening and early morning in the southern part of Westminster.

We operate a day centre in Carlisle Place, the largest in London, used by up to 200 people each day. After giving basic care including food, clothing and showers, we assess the needs of each individual and provide advice on benefits and accommodation and health care, through a surgery and specialist mental health, substance abuse and other workers. In addition we offer an Education, Training and Employment service.

We provide accommodation at Passage House, a 40 bed 28 day assessment centre which is a first step off the street for many, and at Montfort House, with 16 self-contained studio flats and a support worker on site, for long term rough sleepers who would be unsuitable for standard hostel accommodation.

We run a volunteer befriending service for those starting to live independently to reduce their likelihood of returning to the street.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>90</b>	<b>15</b>	<b>9</b>	<b>450</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Owned</b>	

## Summary of grant request

The Passage works with over 4,000 people each year who are homeless or insecurely housed. 66% of these people who present to the Passage have identified differing levels of poor mental health. This ranges from high level complex mental health needs such as psychotic symptoms and schizophrenia to low level depression and personality disorder. Without the intervention of the Passage's mental health workers these conditions would deteriorate and lead to even more complex mental issues. Many of people presenting to the Passage have not been able to obtain diagnosis for their mental health and as such resulted in their conditions becoming worse due to not been able to access interventions or medication. This unfortunately will increase the rates of suicide and those having to be sectioned into mental health hospitals and institutions.

Homelessness and mental health often go hand in hand, and can be a self-fulfilling prophecy. Having a mental health problem can create the circumstances which can cause a person to become homeless in the first place. Yet poor housing or homelessness can also increase the chances of developing a mental health problem, or exacerbate an existing condition. In turn, this can make it even harder for that person to recover ? to develop good mental health, to secure stable housing, to find and maintain a job, to stay physically healthy and to maintain relationships.

### How the work will be delivered

The Passage employs a health team to ensure the mental and physical needs of our clients is met. We have a Team manager, a Senior Dual Diagnosis Practitioner, 2 Mental Health Workers and a Substance Misuse Worker. This ensures we have the most qualified staff in place to be able to meet the demands of our client group. The work will be delivered by the above team within the Resource Centre and with our Outreach Services in client homes when stable accommodation has been found. On presenting to the service everyone is given an assessment to enable us to identify need and produce an action plan together with the client which is personalised and solution focused. This helps us to identify the suitable pathway for the client. A client will be allocated a lead worker who will not only address mental health needs but also identify housing solutions and link them into appropriate housing providers and mental health services where appropriate. Statutory services for mental health work in partnership with the Passage and deliver mental health wellbeing sessions at the Passage.

### Why the Passage

The Passage operates one of the largest day time resource centres for homeless people in the UK. Homeless people with mental health difficulties will present at The Passage for help and so we are well placed to meet those needs with a properly resourced mental health team. We have been engaged in mental health work for over twenty years. Through this experience we have built up strong connections with other services.

The Passage mental health team will work with homeless people directly providing services to homeless people. Through referrals it will improve access statutory mental health services. Through one to one advice sessions and group work it will improve well-being.

The groups which are held each week by the mental health team always include time for feedback on how service users have found the session and suggestions for future topics and activities.

The rough sleepers using the service reflect the rough sleeping population in Central London. The Passage enjoys the support of 450 volunteers.

The Passage is fully committed to reducing its carbon footprint as outlined in our detailed proposal.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**No formal quality mark but quality is monitored by Westminster City Council**

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**Hold emotional wellbeing focus groups & Anger Support Groups. The Emotional Wellbeing Group is a safe space for clients to discuss a specific topic, such as loneliness, low self-esteem and guilt. The group is facilitated by a mental health worker.**

**Deliver a drop in service for those experiencing poor mental health, together with statutory mental health services. Clients suffering from poor mental health often find it difficult to engage with statutory services. Our service allows statutory mental health services to be offered in-house once a week.**

**Hold 1:1 key working sessions with those clients experiencing poor mental health to stabilise mental health conditions. Our mental health workers provide specialist 1:1 key working sessions to those experiencing poor mental health.**

**Deliver workshops on stabilisation or improving mental wellbeing. This gives clients the life skills to deal with challenging issues facing a homeless person. Simple tools such as going to your GP if your mental health is starting to deteriorate, finding social outlets and taking medication regularly.**

**Find appropriate routes off the streets and into secure accommodation for those experiencing poor mental health**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**Clients feel the group gives them more confidence and it gives them better coping mechanisms. Anger Support & Discussion Group allows people to off load their frustrations and attendees have reported this is a helpful way of managing their anger. Clients often discover they are able to advise each other.**

**those with severe and enduring mental health issues can be engaged with and assessed in a less formal way. Our mental health workers can monitor their behaviour throughout the week in our resource centre and alert statutory services to any deterioration or improvements.**

**Sometimes we will have clients present in a highly distressed state and could also be highly paranoid or hearing voices, however we have the benefit of having a mental health worker meet with them and spend the required time needed to help that client.**

**Many clients don't have or have lost these basic life skills and really benefit from being guided in this area as it prevents them from ending up in a crisis situation.**

**By securing accommodation for those with poor mental health, this can have a huge improvement on that individual's mental health issue. It provides stability with better allows individuals to engage with services, have somewhere they feel safe and allows them to reintegrate back into society.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes. We raise funds from trusts, companies, individuals and church and voluntary groups each year. We would plan to schedule in applications to sufficient supporters to continue the work once the grant finishes.**

# Who will benefit?

## About your beneficiaries

How many people will benefit directly from the grant per year?

**400**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Westminster (80%)**

**Lambeth (5%)**

**Southwark (5%)**

**Camden (5%)**

**Brent (5%)**

What age group(s) will benefit?

**25-44**

**45-64**

**65-74**

**75 and over**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**41-50%**

## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Employment costs	37,384	37,384	37,384	112,152
Supervision and management	2,616	2,616	2,616	7,848
<b>TOTAL:</b>	<b>40,000</b>	<b>40,000</b>	<b>40,000</b>	<b>120,000</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
<b>TOTAL:</b>	<b>40,000</b>	<b>40,000</b>	<b>40,000</b>	<b>120,000</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Porticus have funded and we are reapplying for the other post	35,000	35,000	35,000	105,000
<b>TOTAL:</b>	<b>35,000</b>	<b>35,000</b>	<b>35,000</b>	<b>105,000</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Employment costs	37,384	37,384	37,384	112,152
Supervision and management	2,616	2,616	2,616	7,848
<b>TOTAL:</b>	<b>40,000</b>	<b>40,000</b>	<b>40,000</b>	<b>40,000</b>





## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2017</b>
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Income received from:	£
Voluntary Income	2,006,742
Activities for generating funds	278,162
Investment Income	17,873
Income from charitable activities	1,951,877
Other sources	0
<b>Total Income:</b>	<b>4,254,654</b>

Expenditure:	£
Charitable activities	4,815,730
Governance costs	27,422
Cost of generating funds	265,937
Other	0
<b>Total Expenditure:</b>	<b>5,109,089</b>
<b>Net (deficit)/surplus:</b>	<b>-854,435</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement In Funds:</b>	<b>-854,435</b>

Asset position at year end	£
Fixed assets	22,605,999
Investments	0
Net current assets	4,157,894
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>26,763,893</b>

Reserves at year end	£
Restricted funds	22,752,131
Endowment Funds	0
Unrestricted funds	4,011,762
<b>*Total Reserves (B):</b>	<b>26,763,893</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?  
31-40%

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	1,407,312	1,297,771	1,133,886
London Councils	50,000	25,000	0
Health Authorities	95,859	82,732	58,274
Central Government departments	0	0	10,687
Other statutory bodies	86,332	93,739	75,896

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Oak Foundation	0	1,300,000	30,000
Toby and Reglna Wyles Charitable Trust	25,000	25,000	25,000
Maurice & Hilda Laing Trust	35,000	35,000	0
Porticus	0	33,000	33,000
Tompkins Foundation	20,000	20,000	25,000

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Brian Andrew Hollingsworth**

Role within Organisation:      **Business Director & Company Secretary**